Pelvis and Lower Extremities

Assessment Goals

✓ Lateral Stability

✓ Inferior/Forward-

Posterior stability

▶ Posterior-Lateral

stability

rearward stability

Maximize support area

Pelvic Contour Width

Trochanters need to be supported and the ischials need to be protected.



Too wide

- Trochanters not supported
- Lateral instability
- Ischials can bottom out
- Common with bariatric and pediatric clients

Pelvic Contour Length

Buttocks should be supported while loading femurs for stability. Ischials need to be protected during activity.



Too long

- Ischials can slide forward into Posterior Pelvic Tilt
- Inadequate femoral loading



Too short

- Ischial excursion not respected
- Ischials press into anterior shelf causing potential skin integrity issues

Femoral Support Length

Femoral loading stabilizes the pelvis, positions the lower extremities, and redistributes pressure.



TOO SHORT



Too short

- · Not enough surface contact area for loading
- · Ischials may have increased pressure
- · Lower extremities may not be optimally positioned

Pelvic Contour Depth

Pulls the hips forward

in the seat (sliding)

The buttocks should be supported while maintaining optimal hip angle. Correct height depends on difference in height between ischials and posterior aspect of femur.



Too deep

Too long

- Causes interference with hip angle
- · Femurs will not be loaded
- May increase pressure at the ischials



- Femurs will not be loaded **Encourages sliding**
- May not provide optimal pressure reduction at the ischials



NOT PRESENT

Posterior Pelvic/ Sacral Support

Not present

- Pelvis will collapse into a posterior-rotated position
- Flattening of the lumbar spine
- Hips sliding forward

Lateral Pelvic Support

become asymmetrical

Pelvis may collapse

into a posteriorly rotated position

Flattening of the

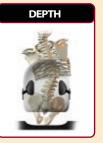
· Hips sliding forward

lumbar spine

Not present Pelvis and spine may



- Too shallow may not provide adequate lateral stability
- Too deep may compromise function



Vertical placement range

· Not enough range will compromise success of three point correction





TOO MUCH

Lateral thoracic stability

Pelvis and Spine

stability

Assessment Goals

Lumbar support

stability (▼T9)

stability (▲T9)

Posterior thoracic

Posterior thoracic

Posterior pelvic stability

Posterior-lateral pelvic

Thoracic Support - Contour/Shape

Must facilitate optimal thoracic loading surface contact area.

Too little may cause

- Forward collapse of trunk
- Incorrect head and neck position

Too much may

- Inhibit function
- Encourage collapsed trunk posture



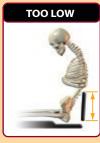


Thoracic Support - Height

- Lumbar spine not supported
- Thoracic loading inadequate
- Trunk collapses in client who does not have trunk control

Too High

- Function may be compromised
- · In absence of correct shape may push trunk forward





Lumbar Support -Contour/Shape

Too little - not enough

- · Lumbar area will not be supported and may collapse Too much
- Pelvis rotates forward or rearward
- Trunk falls forward
- Hips slide forward



